





Your health is our priority.

Healthy living and working is important for everyone. That is why we design ergonomic products with you in mind! Our products carry



All with an eye for the environment.

We strive for circularity in the design and production of our products. For this commitment, we received the **Ecovadis**Platinum certificate.



With heart for people in need.

In addition to making social products we support development projects through our Tools4Life foundation. Since 2023 we are officially a **B-Corp company**.

Recause we care.



# Our product range



#### **Ergonomic HE mice**

- ✓ Vertical design with maximum support
- Available wired and Bluetooth
- Olifferent sizes and for left and right



#### **Twister Ambidextrous mouse**

- Ambidextrous mouse for left and right
- Foldable, easy to carry
- ✓ Vertical ergonomic design
- With pause indicator LED



#### Ergonomic keyboards

- Flat design with light keystroke
- ✓ With pause indicator LED
- ✓ In white, black, wired, Bluetooth and different layouts



#### Circular monitor arms

- Modular, for 1 or 2 screens
- With or without gas spring
- Easy to install by 1 person



#### Riser laptop stands

- Height adjustable
- ✓ Made of Hylite aluminium
- Ultra-thin, easy to carry
- ✓ Available in 5 variations



#### **Steel Laptop Stands**

- Sturdy steel stand
- ▼ Travel is foldable, easy to carry
- Social product
   Soc
- ✓ Made in the Netherlands



#### **Document holders**

- Adjustable in different positions
- Suitable for reading and writing
- ✓ With soft foam wrist support
- ✓ Made in the Netherlands, in oak or acrylic



#### **Ergonomic laptop bags**

- **⊘** With integrated laptop stand
- Social product, made in Brazil
- ✓ Made of certified LWG leather✓ With adjustable shoulder strap



#### **Ergonomic armrest**

- Optimal support of the arms
- Symmetrical design
- Padded for maximum comfort
- Fits on virtually any desk

# Creating healthy workplaces together.

#### That way, your customers will:

- Feel fitter



#### Are you already using our partner portal?

With an account on our partner portal you can easily:

- ✓ Quick online ordering
- Download product media and data
- Access marketing material
- Take part in training sessions/e-learning
- ✓ Request in-store display material



Scan the OR code and go to the **Partner Portal!** 



#### Quality certificates and awards









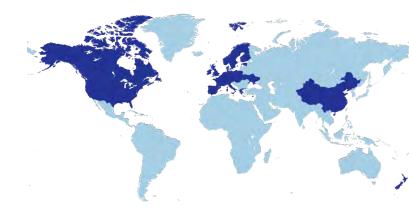








#### A Dutch company in more than 25 countries.





### Designed with you in mind!

### R-Go HE Mouse

A mouse for every hand.



#### With integrated break indicator

The LED colour signals in the mouse indicate how healthy you are working and when it is time for a break. The mouse stimulates you to take breaks on a frequent basis.



#### Vertical grip

Ergonomic round shape for a comfortable grip with less muscle strain. The natural vertical position stimulates healthy mouse movements from your arm.



S: <165 mm M: 165-185 mm L: >185 mm

#### Available in different sizes

Our mice are available for left- and right-hand users and in different sizes. A mouse for every hand! Measure your hand to discover your size.





# R-Go HE Break mouse

The intelligent ergonomic mouse with personal break coach

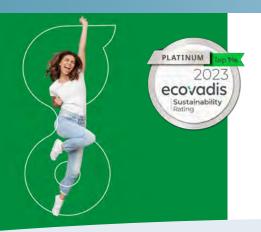
Red: you've missed a break

This way you will get positive feedback about your break behaviour. Download the **R-Go Break software** (www.r-go-break.com).









#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the Ecovadis Platinum certificate.

- All plastic and aluminium used for our mice is 100% recycled.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

### R-Go HE mouse assortment







**R-Go HE Basic** 

#### R-Go HE Break

		Small (S)	Medium (M)	Large (L)	Medium (M)
Wired	Right	•	RGOHE	RGOHELA	•
	Left	•	RGOHELE	RGOHELELA	•
Wireless	Right	RGOHBRSWLBL (1)	RGOHEWL (1)	RGOHELAWL (1)	RGOHEBAMRWL (1)
	Left	•	RGOHEWLL (1)	RGOHELELAWL (2)	•

<sup>(1)</sup> Bluetooth 5.0



<sup>(2) 2.4</sup> GHz



### The ergonomic mouse that gets you twisting!

### R-Go Twister ambidextrous mouse

For left & right handed use and foldable thanks to its patented twist & fold system.



#### Ambidextrous design

Twist! With 1 simple movement, you change it from right- to left-handed mouse. By doing so, you relieve your "mouse" arm.



#### Foldable: easy for travelling

Thanks to the patented twist & fold system, the Twister is easy to take anywhere.



#### With integrated break indicator

The Twister has a break indicator LED that changes colour when it is time to take a break. With the latest Break software, you can stay fit during your workday.



# Ambidextrous mouse

#### Twist & fold mechanism

This unique mouse has a special feature: it is ambidextrous. As the Twister has a twist it contains a so called twist & fold mechanism. One moment you use the mouse with your right hand ... and then, with just one move, you switch to the left. By alternating this way, you relieve your 'mouse arm' and can continue working in a healthy and comfortable way. You can also share the Twister with your colleagues or roommates.

#### **Ergonomic design**

The vertical design of the Twister minimises muscle strain and allows movement from your arm instead of just your wrist, whether you are right- or left-handed. The round shape and support for thumb and little finger allows your fingers to rest relaxed.





#### We care for people in need

By buying the R-Go Twister mouse you help people in need. You receive the mouse with a trendy pouch from i-did. The pouch consists of felt made from 100% recycled materials and its manufactured in a social workplace. Folded up, you can nearry the Twister in it perfectly and safely. This is one of the projects which makes us a Bcorp!



Check out this video



### R-Go Twister mouse



	R-Go Twister
	RGOTWBRMLBL
For left or righthanded use	Both
Wired or Bluetooth connection	Both
Foldable	Yes
Size	S, M and L (pads included to adjust size)



### **Ergonomic split typing**

# R-Go Split Break keyboard

With personal break coach.



#### With integrated break indicator

The keyboard is equipped with a break indicator, which alerts you with color signals when it's time to take a break.



#### 2 parts for maximum freedom

The R-Go Split keyboard consists of 2 separate parts that you can use in any desired position



#### Ultra-thin design

The keyboard is ultra-thin reducing muscle tension and stimulating blood circulation.



# R-Go Break

#### Your personal break coach

Short breaks during your working day are vital for your health! Micro breaks prevent overloading of small muscles and tendons and improve your concentration. Because breaks are often forgotten when you are focused at work, we've developed a break tool that reminds you to interrupt your work on time.

The patented R-Go Break software uses colour signals to indicate when it's time to take a break. During keyboard usage, the light changes colour, like a traffic light:

🕬 Green: you are working healthily

Orange: time for a break

Red: You've missed a break

This way you will get positive feedback about your break behaviour. Download the **R-Go Break software** (www.r-go-break.com).





#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the **Ecovadis Platinum certificate**.

- ✓ All plastic and aluminium used for our split keyboards is 100% recycled.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

# R-Go Split Keyboard assortment





#### **R-Go Split Break**

#### R-Go Numpad Break

Wired	Black	RGOSP-USWIBL (1)	RGOCONMWDBL
wired	White	•	RGOCONMWDWH
144	Black	RGOSBUSWLBL (1)	RGOCONMWLBL
Wireless (2)	White	RGOSBUSWLWH (1)	RGOCONMWLWH

<sup>(1)</sup> Available in AZERTY (BE), AZERTY (FR), QWERTY (IT), QWERTY (ND), QWERTY (UK), QWERTY (US), QWERTZ (DE). Other layouts on request. (2) All wireless Compact Break keyboards connect via Bluetooth 5.0.

For all article numbers, go to our website.



### Ergonomic typing at any workplace

# R-Go Compact Break keyboard

With personal break coach.



#### With break indicator

The keyboard is equipped with a break indicator, which alerts you with color signals when it's time to take a break.



#### Compact design

This compact keyboard ensures that your hands are always within shoulder width when using the keyboard and mouse simultaneously.



#### Ultra-thin design

The keyboard is ultra-thin which reduces muscle tension and stimulates blood circulation in order to prevent physical complaints.



# R-Go Break

#### Your personal break coach

Orange: time for a break

Red: You've missed a break

behaviour. Download the R-Go Break software (www.r-go-break.com).





#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the Ecovadis Platinum certificate.

- All plastic and aluminium used for our compact keyboards is 100% recycled.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

# R-Go Compact Keyboard assortment









All keyboards available

		R-Go Compact Break	R-Go Numpad Break	R-Go Compact
Wired	Black	RGOCOUSWDBL (1)	RGOCONMWDBL	RGOECQYBL (1)
wired	White	RGOCOUSWDWH (1)	RGOCONMWDWH	RGOECQYW (1)
1A4* 1 (2)	Black	RGOCOUSWLBL (1)	RGOCONMWLBL	•
Wireless (2)	White	RGOCOUSWLWH (1)	RGOCONMWLWH	•

#### R-Go Hygienic Silicone Cover

Only for R-Go Compact Break keyboards.

- For all EU layouts: RGOHCKCEU79
- For US layout: RGOHCKCUS78

For all article numbers, go to our website.

<sup>(1)</sup> Available in AZERTY (BE), AZERTY (FR), QWERTY (IT), QWERTY (ND), QWERTY (UK), QWERTY (US), QWERTZ (DE). Other layouts on request. (2) All wireless Compact Break keyboards connect via Bluetooth 5.0.



### Healthy working everywhere

# R-Go Riser Laptop stands

Create an ergonomic workplace in no time.



#### Stimulates an upright posture

Prevent a hunched posture with these smart laptop stands, whether you are working at home or in the office.



#### Made of Hylite® Aluminum

The laptop stand is made of high-quality aluminum from Hylite®: the thinnest aluminum composite material in the world. This makes the stand thin and light. Perfect for travelling!



#### Height adjustable

With the Riser laptop and tablet stands, you can create a healthy workplace in no time. They are adjustable to various heights and can easily be set at eye level.



Creating healthy workplaces | www.r-go-tools.com

# R-Go Riser Duo

#### The 2-in-1 stand for laptop and tablet

The R-Go Riser Duo laptop and tablet stand can be used to raise both your laptop and your tablet. The stand is easily adjustable in height in 4 positions, so you can always work at eye level. This puts your head in a natural position and reduces tension in your neck and shoulder muscles. The R-Go Riser Duo is ultra thin and lightweight: ideal to take with you in your bag!





Integrated document holder
With integrated document holde
to raise your documents, making

#### Easily adjustable

Can be adjusted into 4 positions. Brings the screen easily to eye level and prevents neck and shoulder pain.



#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the **Ecovadis Platinum certificate**.

- ✓ All aluminium used for our Riser laptop stands is 100% recycled.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

### R-Go Riser Laptop stand assortment









	R-Go Riser Flexible	R-Go Riser Attachable	R-Go Riser Duo	R-Go Riser Document
	RGORISTBL / RGORISTSI	RGORIATBL	RGORIDUOBL	RGORIDOCBL
For laptop or tablet	Laptop	Laptop	Laptop/tablet	Laptop
Integrated with laptop		•		
Integrated document holder			•	•
Number of positions	5	4	4	4
Colour	Black / Silver	Black	Black	Black



### Healthy working everywhere

# R-Go Riser Basic Laptop Stand

Create an ergonomic workplace in no time.



#### Stimulates an upright posture

Prevent a bent posture with this Basic laptop stand, whether you work at home or in the office.



#### Made of Hylite® Aluminum

The laptop stand is made of high-quality aluminum from Hylite: the thinnest aluminum composite material in the world. This makes the stand thin and light. Perfect for travelling!



#### Height adjustable

With the Riser Basic laptop stand, you can create a healthy workplace in no time. It is adjustable to 3 different heights.



Healthy laptop use

#### Ergonomic laptop stand

Laptops are ideal for working anywhere. Unfortunately they are not designed for healthy working and provoke a hunched posture. It is precisely this posture that is very strenuous for the neck and shoulders. We have developed the R-Go Riser Basic, which makes it possible to work healthily everywhere.

This Basic version laptop stand has also been AGR-tested and recommended. The stand is easy to operate and can be adjusted to three different heights, allowing you to work in an upright posture. The stand is easy to carry in your laptop bag, so you can create a healthy workplace anywhere.





#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the **Ecovadis Platinum certificate**.

- All aluminium used for our Riser Basic laptop stand is 100% recycled.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

### R-Go Riser Basic Laptop stand



	R-Go Riser Basic
	RGORIBASI
For laptop or tablet	Laptop
Number of positions	3



#### Perfect for in the office or on the road!

# R-Go Steel Travel & Office Laptop stand

To create your own healthy workplace.



#### Stimulates an upright posture

These ergonomic laptop stands bring your laptop to eye level. This way you sit upright in front of your screen and prevent annoying pain in your neck and back.



#### Social product

This product is assembled in a social workshop where people with a distance to the labor market are given a chance to use their talents.



#### **Foldable**

The Steel laptop stands are foldable and therefore easy to take with you. So you can work healthily anywhere!







#### Social product

The R-Go Steel laptop stands are made in collaboration with Avres. This organization gives people with a distance to the labour market a chance to work and use their talents to contribute. When you purchase an R-Go Steel laptop stand, you are supporting the wonderful work of Avres. This is one of the reasons why we have become a Bcorp.



Check out this video about Avres!



# R-Go Steel laptop stands assortment





R-Go Steel Travel	R-Go Steel Office
RGOSC015BL	RGOSC020BL
Black	Black
V	\/

Color Foldable



### Healthy working everywhere

# R-Go Treepod Laptop & tablet stand

Consists of 100% 'bio-based' material, making it a green product.



#### 2-in-1 stand: for laptop and tablet

The Treepod is a 2-in-1 stand that you can change from a laptop stand to a tablet holder.



#### 100% bio-based material

The Treepod laptop and tablet stand is made of 100% 'bio-based' material and mainly of wood, making it a green product.



#### Modular design

It has 3 different positions, so you can adjust it to your needs. The 3 separate parts can be assembled and disassembled easily.

Easy to take with you and to work healthily anywhere!





#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the **Ecovadis Platinum** certificate.

- Made from 100% bio-based material mainly of wood, making it a green product.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.



# R-Go Treepod laptop and tablet stand



	R-Go Treepod
	RGOTPW
For laptop and/or tablet	Both
Positions	3
Capacity	11.0 lb (5 kg)



### Working healthily with monitors

# R-Go Caparo & Zepher monitor arms

Designed according to the principles of circular product design.



#### Certified 100% circular

Our monitor arms are designed in such a way that the materials can be easily separated for recycling.



#### Modular design

Easy to expand as desired with a document holder, laptop holder, Smartbar or an extra arm. The modules can easily be replaced, repaired or upgraded.



#### Easily adjustable

Easily adjustable in depth and height. The screen can be tilted and rotated as desired. The Caparo arm is equipped with a gas spring.



# Healthy monitor work

#### Prevents hunched posture

Did you know that an incorrect set-up of the monitor has a direct effect on your work posture? A hunched posture can quickly lead to neck and shoulder complaints. In this position the weight of your head will put a force on your neck muscles which is comparable to 27 kilograms! With the use of a monitor arm you can easily and quickly raise your monitor to eye level. This way you automatically adopt an upright working posture.

#### Modular monitor arm

Our monitor arms are modular by design, allowing you to create an ergonomic workplace in any situation. Do you work with multiple screens or do you prefer to use a document holder or laptop holder? It's all possible with our separate modules.





#### We care for our environment

- Our monitor arms are made from almost 100% recycled raw materials.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.
- Designed to last: made from premium materials for long life.
- ❖ We offset the CO₂ emissions caused by the production of our monitor arms. To do this, we plant trees together with nonprofit organization One Tree Planted.

### R-Go monitor arm assortment







	R-Go Caparo	R-Go Zepher	R-Go Caparo/Zepher Twin
Article number	RGOVLCA4SI	RGOVLZE4SI	RGOVLCA4TWSI/RGOVLZE4TWSI
Gas spring	Yes	No	Yes/No
Capacity in lb (in kg)	6.6-19.8 (3-9)	0-17.6 (0-8)	6.6-19.8 (3-9)/0-17.6 (0-8)
Maximum screen size	≤40 inch	≤40 inch	≤32 inch

Accessories are available for modular expansion of your monitor arm: R-Go Morelia Document holder RGOVLMODH & R-Go Morelia Notebook holder RGOVLMONH. For all article numbers, go to our website.



### Healthy working with two screens

### R-Go Smartbar monitor arms

Designed according to the principles of circularity.



#### Certified 100% circular

The Smartbar is designed so that the materials can be easily separated for recycling. The packaging is foldable and 100% recycled cardboard.



#### Modular design

Easily expandable to suit your needs with a document holder or laptop holder. Modules can be easily replaced, repaired or upgraded.



#### Easily adjustable

Easily adjustable in depth and height. Screens can tilt and swivel as desired. The Caparo arm is equipped with a gas spring.



# Healthy working with 2 monitors

#### Prevents hunched posture

#### R-Go Smartbar

The R-Go Smartbar allows you to quickly and easily adjust two monitors to the correct height at the same time. This way everyone can work ergonomically with 2 monitors.





#### We care for our environment

- Our Smartbars are made from almost 100% recycled raw materials.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.
- Designed to last: made from premium materials for long life.
- We offset the CO<sub>2</sub> emissions caused by the production of our monitor arms. To do this, we plant trees together with non-profit organization One Tree Planted.

### R-Go Smartbars assortment







	R-Go Smartbar Caparo	R-Go Smartbar Zepher	R-Go Smartbar Basic
Article number	RGOCA04SBBL	RGOZE04SBBL	RGOBA04SBBL
Gas spring	Yes	No	No
Weight capacity in kg	2-10	0-8	0-8
Maximum screen size	≤32 inch	≤32 inch	≤32 inch



### Raise your documents

### R-Go Flex Read & R-Go Read2Write document holders

To work healthily in an upright posture.



#### Stimulates an upright posture

With a document holder you bring the paper towards your eyes, and therefore automatically adopt an upright working posture.



#### Ideal for reading and writing

Both document holders are ideal for reading and writing. The R-Go Read2Write can be changed from read- to write-position in just one movement!



#### Soft foam wrist support

The document holders are equipped with a soft foam wrist support for optimal comfort while working.



R-Go Read2Write

#### From reading to writing in one movement

With the R-Go Read2Write you are unconsciously stimulated to work in a healthy posture. By placing your documents in front of you on a document holder rather than next to your keyboard, you prevent an uncomfortable posture. This document holder is easily transformed into a writing surface by pulling the top forwards. By bringing the work towards you, you prevent a hunched posture.

For taking notes, the Read2Write has a soft foam wrist support on the front. This prevents pressure on the wrists while writing. Besides ergonomic features, this document holder has a unique design. It is made of lightweight aluminum with a thin top made of oak wood or frosted acrylic.





#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the **Ecovadis Platinum certificate**.

- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

### R-Go document holder assortment







	R-Go Flex Read	R-Go Read2Write	R-Go Read2Write
	RGODOFRTR	RGORIDOFA	RGORIDOOW
Adjustable	Yes	•	•
Frame Steel		Aluminium	Aluminium
Material top	Transparent Acrylic	Frosted Acrylic	Oak Wood



### Improve your sitting posture!

# R-Go Ergonomic Armrest

Allows you to work in an upright posture with relaxed shoulders.



#### **Curved shape**

This armrest stimulates an upright working posture and provides relaxation in the shoulders.



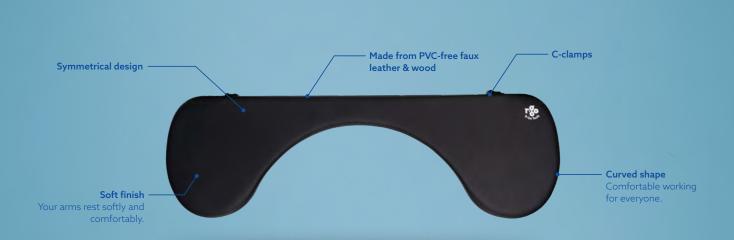
#### Soft & comfortable

Provides optimal support to the forearms during monitor work.



#### Symmetrical design

The curved symmetrical shape support the arms close to the body, whether you use your mouse with left or right.



# Improves your sitting posture

#### Ergonomic design for optimal support

The R-Go Ergonomic Armrest provides optimal support to the forearms during monitor work. The curved shape allows you to slide in well and support the arms close to the body. This stimulates an upright working posture and provides relaxation in the shoulders. The armrest is padded and therefore feels soft and comfortable. This armrest fits almost all desktons





#### We care for our environment

We strive for circularity in the design and production of our products. For this commitment, we have received the **Ecovadis Platinum certificate**.

- Our armrests are 100% recyclable. They are made from wood and PVC-free faux leather.
- Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.

### R-Go Armrest



	R-Go Armrest
	RGOARMC
Desk thickness	0.4 - 3.3 inch (10 - 85 mm)
Materials	PVC-free faux leather & wood
Installation	C-clamps



### Healthy working everywhere

# R-Go Viva Ergonomic laptop bag

Purchase a bag and support the Agua Viva foundation.



#### With integrated laptop stand

Includes an integrated laptop stand that can be easily adjusted to eye level. Work ergonomically everywhere!



#### Social product

By purchasing this bag you help people in need, as we donate 20% of the production costs to the Agua Viva foundation.



#### Gold certified leather

For our laptop bag we have chosen leather with the highest certification of the international organization LWG "Leather Working Group".







By buying the R-Go Viva laptop bag you help people in need. Approximately 20% of the production costs of the laptop bag are donated to the **Agua Viva** foundation. This foundation has a heart for people in need and offers rehabilitation trajects in Brazil. This way Agua Viva is able to give even more people a new chance! This is one of the projects which makes us a **Bcorp**!

## R-Go Viva laptop bag assortment





R-Go Viva

 RGOAVLAPBL
 RGOAVLAPBR

 Color
 Black
 Brown