



R-Go HE Break Mouse

Ergonomic mouse, Anti-RSI software, Large (Hand Size above 185mm), Right Handed, Wired



Reference: RGOBRHEMLR

EAN number: 8719274490616

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- With break indicator
 - Natural ergonomic shape
 - Stimulates blood circulation
 - Different sizes, left and right
 - Customizable buttons
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The R-Go HE Break Mouse is an ergonomic vertical mouse with integrated break software. This smart mouse helps you to remember when it is time to take a break. The ergonomic R-Go HE Break mouse has a vertical position, which allows you to move the mouse automatically with your forearm instead of just your hand. This prevents strain injuries, such as RSI complaints. The HE Break mouse has a round shape, so that your hand and wrist are in a natural, relaxed position. The mouse fits comfortably in your hand and supports all fingers. Are you left- or right-handed? We have different versions and sizes available.

The LED colour signals in the mouse indicate how healthy you are working and when it is time to take a break. The mouse encourages you to take frequent breaks. These vital breaks help prevent fatigue, stress of muscles and tendons, stimulate the body's circulation and keep you fit throughout your working day. During mouse usage, the light changes colour like a traffic light. Green light means you're working healthily, orange means it's time to take a break, red light means you've been working too long. By using these subtle colour signals, you will receive simple and positive feedback about healthy (break) behaviour. For more information, visit our [R-Go Break page](#).

This product works together with the R-Go Break Software that won the Benelux Office



Products Award 2021.

- With break indicator
- Natural ergonomic shape
- Prevents RSI complaints
- Different sizes, for left and right handed users
- Programmable buttons

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Model and function

Model:	Vertical mouse
Hand:	Right
Length hand:	≥ 185
Function:	Buttons, scroll wheel
Resolution (DPI):	500-1500-1750-2500
Number of buttons:	5 buttons

[View all specifications](#)

Connection

Connection:	Wired
Cable Length (mm):	1600
USB version:	USB 2.0

System requirements

Compatibility:	Windows, MacOS
Installation:	Plug & play

General

Length (mm):	110
Width (mm):	93
Height (mm):	79
Weight (gram):	172
Product material:	Plastic



Colour:	Black
Serie:	HE Break
Warranty period (in years):	2

Logistical information

Package dimensions (LxWxH in mm):	140 x 112 x 92
Gross weight (in grams):	360
Carton Size (mm):	575 x 575 x 190
Carton weight (grams):	14820
Quantity in carton:	50
HS code (tariff):	84716070
Country of origin:	China